



# LIVE AND LEARN FAMILY NEWS JANUARY 22, 2018

## Reminders!

♥ Your feedback is valuable!! A Family Survey has been emailed to your email on file. Please help us by taking the survey. If you don't see it in your in-box, please check your Junk Mail.

### Moharimet Winter Carnival

January 27, 2018

1-4pm

Oyster River HS

#### Schedule of Events

Games & Crafts 1-3pm in the gym, corridor, multi purpose room

ORMS Jazz Band @ 1:20-1:40 & 2:40-3 in café

Quests Martial Arts Demo: @ 2-2:30pm in multipurpose room

BJ Hickman Magic Show: @ 2-2:30pm in multipurpose room

Raffle Winner Announced: @ 3:45pm in café

Free Admission! Game, crafts, prizes, entertainment, & more!!

Complimentary Flight Coffee

Bake sale!



**Director/Owner**

Johanna  
Booth-Miner

**Co-Director**

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# Gerry's Kitchen

## Avocado Honey Dip

*Makes 1 cup*

### Ingredients:

*1 ripe avocado, peeled and pitted  
1/4 cup whipped cream cheese  
1 tablespoon lemon juice  
1 tablespoon honey*

### Directions:

- 1. Place all the ingredients in a bowl and mash together until smooth*
- 2. Serve with cut-up veggies, crackers, pretzels or even as a spread on toast.*

Tip: *A ripe avocado should be soft to the touch but not mushy*

Note: *this dip also works great as a sandwich spread*

