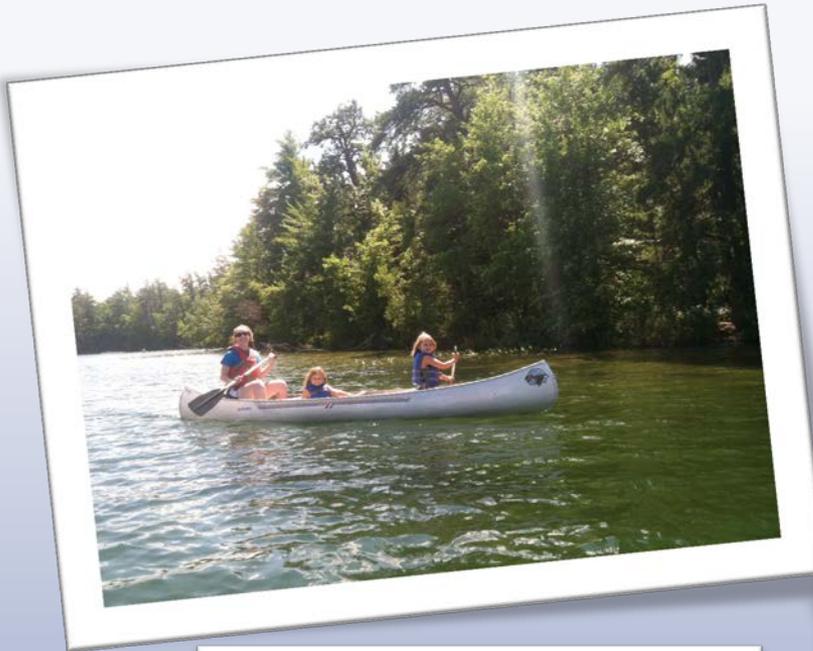


2017 Rising Hawk Summer Camp

A full-day summer camp program focused on teaching youth ages 5-12 a love and respect for nature!

114 Mast Way Rd. Lee, NH (603)659-5047 www.live-learn.org



About Rising Hawk

Camp Rising Hawk is nestled on the back 40 of Live and Learn Early Learning Center in Lee, NH. All of Rising Hawk's facilities are designed to engage youth in the outdoors while being developmentally appropriate. All of the centers are child-driven, campers even helped build the tree house!

Camp Hawk Facilities Include:

Tree House

Low Ropes Course

Miles of Wooded Trails

Sports field

Garden with many vegetables!

Zipline

Pool

Large Tented Area with Stage

Natural Building Area

Outdoor Amphitheater

Climbing Trees

Bikes and Biking Trails

Digging Exploration Area

Access to Mast Way School Facilities

Skateboard Swing

Mud Kitchen & pit

Hammocks for Relaxing



A Day in the Life



Early Risers and Extended Day care are provided at no extra cost. The camp day itself runs 9:00-4:30. To be able to participate in planned activities, children should arrive by 9:00.



Schedule

7:30-9:00 Early Risers

9:00-9:30 Morning Gathering & Snack

9:30-10:30 Choice Activities

10:30-11:30 Swim & Free Time

11:30-12:00 Lunch

12:00-1:30 Swim & Free Time

1:30-2:30 Group Activity

2:30-3:00 Afternoon Snack

3:00-4:00 Rising Hawk Activity

4:00-4:30 Afternoon Gathering & Clean-Up

4:30-5:30 Extended Day

Note: Times are approximate and flexible. Field trips, community activities, and daily changes will undoubtedly occur.

Choice Activity time is when campers choose from activity stations. Activities may include swimming, arts and crafts, field sports, gardening, building, or zip-lining to list a few.



Morning activity and afternoon activity are related to the theme of that week's session.

Session One: Active Outdoors

June 26-July 7

During this session, campers will have the opportunity to be active outdoors through sports and other activities. Campers will have the opportunity to learn new skills at their own pace. Field trip dates are TBD, but you can expect field trips including: A Fisher Cats game, beach trip (beach volleyball, swimming, soccer, disc golf and boogie-boarding!), river trip (with option to fish), and trip to Mast Way School to use sport facilities!



Don't forget about the horseback riding option! In two hour blocks, campers will divide the time between riding and learning horsemanship.

Activities:
Swimming
Archery
Biking
Fishing
Soccer

Session Two: Teambuilding and Traditions

July 10-July 21

During this session, campers will have them opportunity to work together to build a cohesive community. Field trips will serve as inspirations for teambuilding at looking at local and our traditions. At field trips taking hikes will allow us to set trail signs, boulder field will change our ability to help each other and risk take. Daily we will work with challenges and puzzles for the campers to solve and work out. ! Back at camp, we will have the chance to explore Rising Hawk values and our home traditions. **Rising Hawk Way:** Counselors and campers create a value and behavior contract. Components of the Rising Hawk Way are independence, kindness, helping, and respecting each other and the environment. **BLIRH (pronounced "blur"):** Acronym for what the Rising Hawk Way represents – Be kind, Leave no trace, Independence, Respect, Help others.

Low ropes course

Tree climbing

Crossing the mine field

Bouldering

A Day in the Life

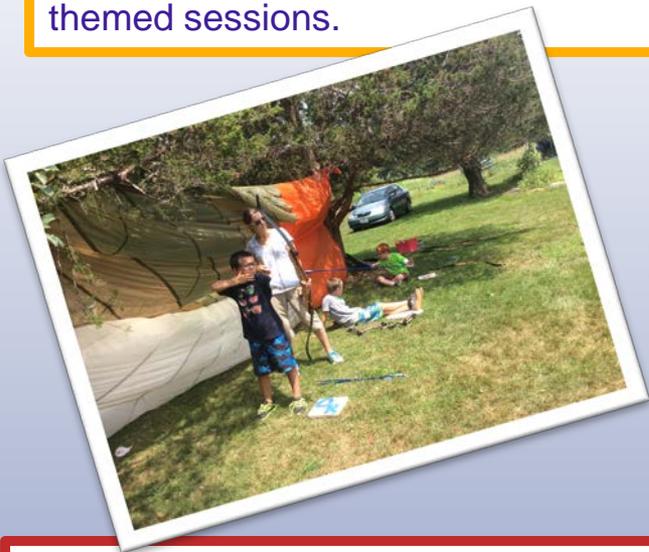
Throughout the summer we will have four two-week sessions. Each session will have a different focus, which the field trips and some activities will revolve around. Campers can still choose to sign up for certain days and weeks, and are not limited by the themed sessions.

Although weeks are themed, there are plenty of opportunities for campers to participate in other activities. Every day, there are chances for campers to choose their activity. These choices include: swimming, crafts, field games, teambuilding activities, climbing trees, gardening, cooking, natural building, playing in the tree-house, zip-lining, and so much more!

Prices

Full-Time Enrollment
\$250 (week) \$60 (day)
Partial Enrollment \$280
(week) \$70 (day)

There is an annual enrollment fee of \$50



For an additional fee campers may choose to participate in swim lessons or horseback riding! Swim lessons are held on Monday and Wednesday mornings, continuing for the entire summer. Advanced swimmers will be bused from Rising Hawk to a local in-ground pool. The horseback riding program will be offered during this first session and continued to be offered the rest of summer based on interest. Riding will happen on Tuesday and Friday mornings. Campers will be bused from Rising Hawk to local stables in Lee, NH.

Session Three: Great Adventures

July 24-August 4

This week will focus on making adventures and lasting memories. Our field trips will be to state parks, lakes, and mountains, where campers will easily find adventure. Campers will find adventure while hiking for part of the day, and cooling off swimming in the lake the other half. Campers entering 3rd grade or higher will develop their kayaking skills, while those 2nd grade and under will gain confidence in the water by canoeing. Campers will also explore Pawtuckaway State Park by climbing at Boulder Field. Orienteering, Letterboxing and geocaching will add a new edge to the adventures. We will also work on our camp play, which will be performed at the end of summer celebration!

Back at camp, we will be working to develop our skills further. Our older campers will practice fire safety and building, while younger campers will start with building their own solar ovens. All ages will get to harvest food from the garden and cook over the fire to make their own snack.

Session Four: Creative Exploration!

August 7-22

During this session, campers will have them opportunity to explore their creativity. Field trips will serve as inspirations for projects at camp. At field trips to the beach we will collect materials for projects at camp. On field trips to parks campers can choose to explore photography. Climbing the fire tower at the end of a hike can help inspire building aspirations! Back at camp, we will have the chance to use this inspiration! We will also work on our camp play, which will be performed at the end of summer celebration!

Art with Natural
Materials

Story Telling

Acting

Pottery on Wheel

Wood Carving

